

## WAYS TO LOVE & ENCOURAGE OVERSEAS WORKERS

- Pray for them regularly and let them know you are praying for them
- Share your family picture and any recent family updates with the worker
- Visit the workers on the field. Be sure to take requests on what goodies to bring them!
- Set up a voice call or video call with the worker to encourage them and hear an update on their life and work. Be sure to be aware of the time difference and be flexible. Also be sure of any security precautions you should take with the words you use.
- Send regular emails or text messages to the worker. Take security precautions.
- Ask the workers about a "wish list" they have and consider sending a package to them or sending items by a short-term team.
- Respond to their update newsletter with a brief email to assure them you are praying for them.
- Don't be shy to ask them if they have financial needs. Consider how you can help meet those needs or advocate to others you know on behalf of the worker.
- Find doctors, technology specialists, and educators who can assist the workers on the field.

## LOVING & ENCOURAGING THE WORKERS ON STATESIDE ASSIGNMENT/FURLOUGH

- As soon as you hear that the worker is traveling stateside, respond and ask if they need help finding housing. Assist them in securing suitable housing for their needs.
- Be sure the worker has a reliable vehicle for the duration of their stateside assignment.
- Invite the worker to your home for dinner and show genuine interest in their life and work. Be gracious as you listen. It is possible that the worker endured traumatic events or suffering in their last overseas term and they may still be processing it.
- If the worker stays overnight in your home, offer them the use of your laundry facilities.
- Plan to stock the home where the worker is staying with groceries and personal touches that show care and thoughtfulness.
- Consider writing a card to each person in the worker family.
- Help the children in the family get assimilated into children/youth activities at church and recreational activities in the city as the parents desire. Pay any camp/team fees for the children.



## WAYS TO CARE

- Offer opportunities for the worker to share in public all that God is doing.
   This could be in a worship service, a Sunday School class, a small group, or simply a group of friends.
- Invite the worker over for a time of fun where they are not expected to talk about their work overseas. Buy tickets for them to a special sporting event. The worker (and family) may not have been to a game in 3+ years!
- Loan toys, bikes, sports equipment, etc. to the children of the worker family.
- Consider giving the worker a gift card to a clothing outlet store. Stateside assignment may be the time they update their wardrobe.
- Consider providing a vacation for the worker and their family. It is possible
  you have a beach house, lake house, mountain chalet, or know other people who do. If you offer this to the worker family for a free or discounted
  rate, you could help in a huge way!
- If the worker and/or their family are meeting with you after a long day of travel, allow them time to decompress and rest or time for the kids to run around and play.
- Ask the worker about any ways you can help them with things back at home while they serve on the field. Do they need legal counsel? Do they need tutoring for children? Do they have elderly parents or family in need of help? Utilize your skills to care for them!